

Babysitting Basics



Who is it for?

10 - 15 year old boys and girls interested in babysitting

When is it?

Saturdays from 9 a.m. – 3 p.m. at alternating hospitals
Call for exact dates or more information.

Come learn about...

- Infant and Toddler Care
- Care of older children
- CPR & first aid for infants and children
- Safety
- Discipline issues
- How to get started

The class includes:

- The What to Expect Babysitter's Handbook
- A bag to decorate
- A notebook and pen set
- A first aid kit
- Fun & exciting activities & instructors!

ALL FOR ONLY \$38

Registration required, call **(509) 232-8138** to register or get more information.



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COMMUNITY HEALTH EDUCATION & RESOURCES
A SERVICE OF INLAND NORTHWEST HEALTH SERVICES

INHS is a non-profit corporation sponsored by Deaconess Medical Center, Holy Family Hospital, Sacred Heart Medical Center and Valley Hospital and Medical Center in Spokane WA for the purpose of providing collaboration in health care services.